



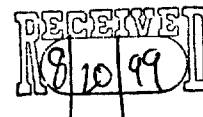
CELESTIAL SEASONINGS, INC.

4600 Sleepytime Drive, Boulder, CO 80301-3292 USA (303) 530-5300

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August 16, 1999

Office of Special Nutritionals
HFS 450
200 C. Street SW
Washington, DC 20204



As per Section 6 of the Dietary Supplement Health and Education Act of 1994, I respectfully submit the following information:

Name and Address:

Celestial Seasonings, Inc.
4600 Sleepytime Drive
Boulder, CO 80301-3292

Text of Statements:

- A natural, soothing blend for restful sleep.
- Valerian supports restful sleep.
- Kava Kava soothes and calms you.
- Ultimate Sleepytime Extra is a comprehensive formula that provides a gentle way to support a natural, restful night's sleep.
- Our unique formula contains just the right formula ingredients to soothe and relax you for a peaceful night's sleep.

Ingredients:

- Calcium, Magnesium, Valerian herb & extract, Kava Kava herb & extract.

Name of the dietary supplement (including brand name):

Celestial Seasonings™
Ultimate Blend Sleepytime Extra

I hereby certify that the information contained in the above notice is complete and accurate, and that Celestial Seasonings, Inc. has substantiation that the statements are truthful and not misleading.

Sincerely,

Mike Gross
Technical Services Manager